

**Notes of Ladies Only Patient Group meeting held at
Peartree Medical Centre on Tuesday 11th December 2018**

Present:

Patients:

SW NK SP SG KT

Practice Staff:

Dr DNP Singh

Razwana Rafiq – Senior Receptionist

Shazia Rasoul – Interpreter

Lorraine Shenton – Health Care Assistant

External

Beth Soraka from Healthwatch Derby

Introduction

Razwana thanked patients for attending and giving the Practice their feedback. She informed the patients that this is very important for the Practice. Razwana explained to Beth that the main Patient Group had noted that Asian ladies had not been representative of the practice and community population. Therefore it decided a Ladies Only meeting at a different time and venue which may appeal to our female patients.

Beth Soraka was introduced to the group and she explained the role of Healthwatch as a watchdog. Razwana informed the group that Beth was a regular visitor to the Practice also attending the Main Patient Group Meetings.

Beth informed the group of the Practice coming Runner Up in the NHS 70 national award. Beth explained the reasons for the nomination and the group congratulated Dr Singh and Practice.

Lorraine went on to discuss the Walking Group she runs every Tuesdays in Arboretum Park from 9 – 10am. Some ladies were already aware of this and were very impressed the Practice was running this service. SK said she had been with the Practice for many years and in recent years she had seen the Practice go above and beyond to provide health educate to its patients.

Lorraine also discussed the changes that may happen in 2019 to the Livewell services. Lorraine informed the group a consultation would be happening early next year to decide on the funding for the Livewell Service. Lorraine

encouraged patients to complete online feedback forms with help from Shazia.

Shazia informed the ladies of the Fibromyalgia group run by the Practice's Care Co-ordinator Aneesa. Aneesa runs a Fibromyalgia Group Meeting from the local Masjid (Derby Jamia Mosque). This service was to help patients suffering with Fibromyalgia and Aneesa organised for Specialists to attend to support patients suffering with the condition. Ladies were asked to inform family and friends and encourage them to attend.

Dr Singh spoke to the group on the number of different national cancer screening programmes available and emphasised the importance of attending screening. He discussed in detailed the Bowel Cancer Screening Programme and Shazia explained the procedure.

Patients said that the meeting was very useful; the venue was good and the group were in favour of a similar meeting in the future. Beth found this group to be a useful part of the main patient group.

The meeting concluded after 40 minutes.

Razwana Rafiq

Senior Receptionist